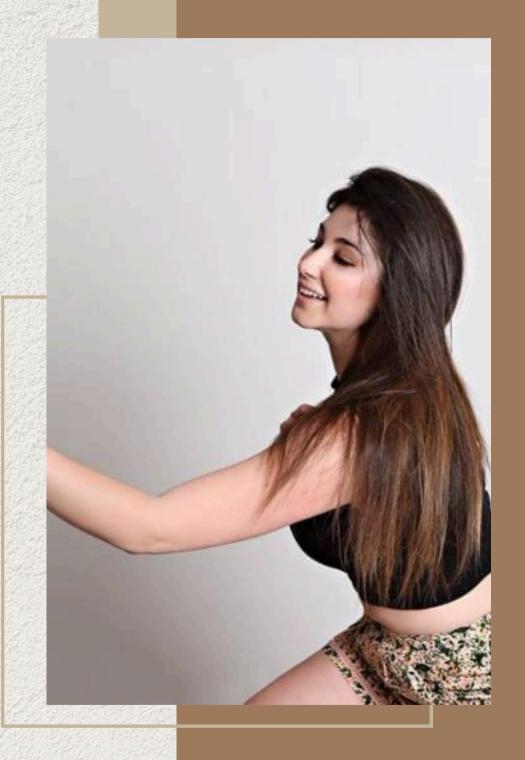
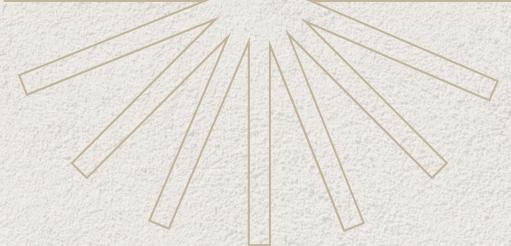
## Melissa Pock Ompetitive Instructor & horeographer

LMelissa has been dancing in the greater Hamilton region since the age of four. She has trained in multiple dance disciplines including ballet, jazz, contemporary, lyrical and musical theatre.

As a competitive teacher for the last 16 years, Melissa has found her strength in Jazz, Contemporary, Lyrical and Musical Theatre. Her skills have been recognized with overall choreography awards, Judges' choice awards, overall titles and scholarships. Through her training, Melissa has successfully obtained her C.D.T.A Jazz examinations with honors and her Full Teacher's Certificate in Jazz from the Canadian Dance Teachers' Association.

Most recently Melissa has received her certification from Alex Flexibility- Safe Flexibility Training. Melissa has also earned a B.A. in Contemporary Studies from Wilfrid Laurier University.





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For the past two years Melissa has had the privilege of running the Competitive program at Boogie Down Studio before its closure in 2024. Melissa was able to successfully lead the competitive team to multiple top studio wins and accolades. Melissa was able to cultivate a sense of community and foster life-long relationships while running an award-winning competitive team!

Melissa has had the opportunity to work with many students and studios in the Hamilton, Niagara and Toronto area. Not only in choreography & training, but in creating workshops and dance intensives focusing on technique and movement. Melissa prides herself on creating distinctive, one-of-a-kind pieces that allow her students to take risks and express their personal style on stage.

The ultimate goal for Melissa is to share her knowledge and passion of dance. She strives to instill an artistic appreciation in her students wherever she teaches- helping them fully understand the true art and expression of dance.

