oxon petitive Instructor & horeographer

Lindsay Poxon's dance journey began at the tender age of three, marking the start of a lifelong passion for the art form. Trained at the esteemed Linda Collins School of Ballet. Lindsay's foundational years were rooted in the discipline and grace of ballet, setting the stage for a versatile career in dance. With a commitment to excellence, Lindsay achieved honors in several prestigious teaching associations, including the Canadian Dance Teachers Association (C.D.T.A) and the Performing Arts Educators' Certification (P.A.E.C). Her expertise spans a diverse range of disciplines: Ballet, Jazz, Contemporary, Lyrical, Hip Hop, and Modern. This breadth of training has equipped her with a unique ability to adapt and innovate across various styles, enriching the dance experience for her students.



Lindsay's performance career includes notable roles in local productions such as "Cats," "Fiddler on the Roof," "West Side Story," "Bye Bye Birdie," and "Bravo's The Vampire." These experiences on stage have not only honed her craft but also deepened her understanding of the performing arts, which she now imparts to her students. For over 20 years, Lindsay served as the competitive director for both Burlington Studio Dance and Boogie Down Studio. Her leadership and vision during this time contributed significantly to the growth and success of her students. Her teaching and choreography have left a mark on dance studios across the Greater Toronto Area (GTA) and the Niagara Peninsula, reflecting her influence on the broader dance community

Lindsay's dedication to choreography has been recognized with multiple awards, a testament to her creative talent and commitment to excellence. She has prepared numerous dancers for competitions, university auditions, local productions, and exams, showcasing her ability to nurture and develop young talent. Beyond the accolades and awards, Lindsay values integrity, work ethic, and the personal growth of her students. Her greatest joy as a dance educator comes from hearing her students and parents say, "I trust you," a sentiment that reflects the deep bond she forms with those she teaches. For Lindsay, the journey of each student is as rewarding as the results themselves, and she finds immense fulfillment in guiding them through their dance experiences.

Lindsay Poxon's dedication to dance education and passion continues to inspire and shape the lives of countless dancers, making her a cherished figure in the dance community.



DANCE ACADEM